



THE UNIVERSITY OF QUEENSLAND CANOE CLUB

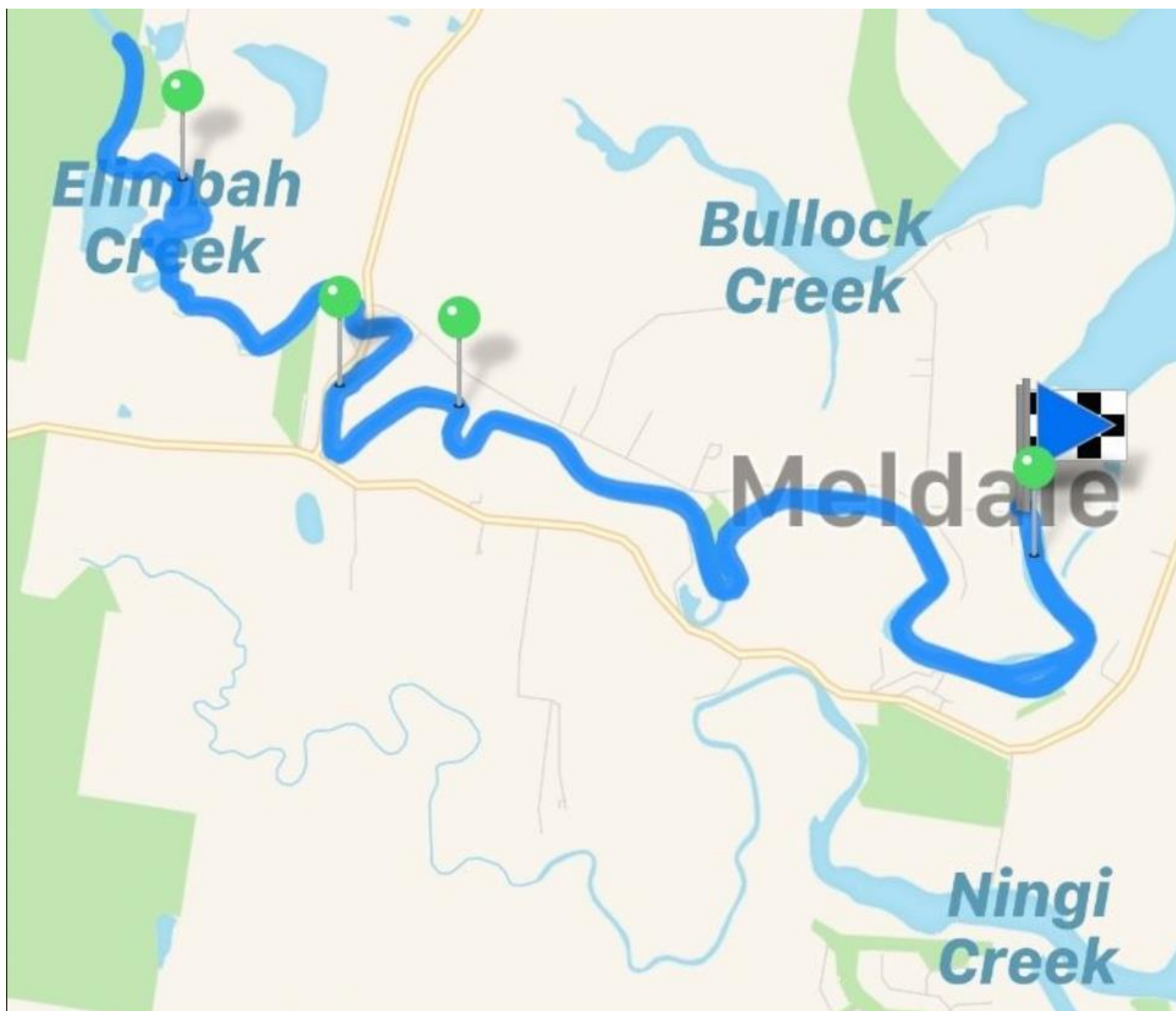
G2 ELIMBAH CREEK GO WITH THE FLOW

Long paddle up Elimbah Creek with the incoming tide and back with the outgoing tide



Paddle could be up to 25 km starting from Meldale heading north and into Elimbah Creek. We will be heading up Elimbah Creek with the incoming tide and heading back with the outgoing tide. As we get further up the creek there are few places to get out so you must be comfortable sitting in your boat for a while. There will be a rest stop at the halfway point, some may choose to paddle further up the creek before returning here for lunch. We will return to Meldale with the outgoing tide. This is a long paddle, but tide assisted.

Discipline	Flatwater	Paddle Grade	2
Date(s)	Sat 19 th March 21	Event ID	220319S
Distance	25km	Durati on	8 hrs / 6 paddling hrs
Leader	David Russell	2IC	[TBC]



Route Map

Tides @ Toorbul	2.46m 10:46 0.43m 17:07	Moon	
Sunrise/set	05:50 – 18:00		
Trip Outline • 06:00 AM Meet club shed to pack trailer (or 6:30 AM if packed or no trailer) • 07:00 AM depart club shed... • 08:15 AM Meet at the boat ramp at Way Street, Meldale there is a barbecue and toilets at the launch Point. (https://w3w.co/grandest.capable.harmonies) • 09:00 AM depart • 12:00 Lunch at Elimba Creek sand bank (https://w3w.co/this.sleek.vest) • 12:45 Depart Lunch • 15:15 Arrive Takeout • 15:45 Depart Takeout • 17:00 Arrive Shed • 17:30 Depart Shed			



Put in Point



Lunch Point

Put in Point	boat ramp at 3 Way Street, Meldale	Take-out Point	Same as Put in
Alternate Route Variations	Turn around earlier if needed		
Facilities	Toilets & fresh water at Way St boat ramp.		

SAFETY

If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

Risks and Management

Club Sea Kayak Risk Assessment (Detailed Risk Assessments on request)

☒ Drowning ☒ Sunburn ☒ Medical Conditions ☒ Cuts Strains and Sprains ☒ Dehydration ☒ Ineffective Rudder ☐ Entire Group Capsizing ☒ Hypothermia ☒ Heat Exhaustion / Hyperthermia ☒ Tripping While Walking ☐ Group Getting Lost ☒ Getting Separated from Group ☒ Animals and Plants (minor injury) ☒ Animals and Plants (major injury) ☒ Bad Weather / Weather Change ☐ Sea Sickness ☒ Capsize ☐ Rough Seas ☐ Surf ☒ Sinking Boat	☒ Fitness / Fatigue ☒ Equipment Failure ☒ Enter / Exit Boat ☒ Carrying Boats ☐ Algae / Contamination ☒ Boat Traffic / Shipping ☒ Separation from Boat ☒ Missing / Broken Paddle ☒ Paddle Related Injuries / Tendonitis / Blisters ☐ Hit by Paddle ☒ Strainers (Overhanging Trees / Mangroves / Fishing lines / Structures ☒ Panic / Fear ☒ Rocks and Submerged Objects ☐ Darkness / Stranded at Night ☐ Paddling in the Dark / Night Paddling ☒ Cooking ☐ Camping ☒ Covid
---	--

Club Travel Risk Assessment (Detailed Risk Assessments on request)

☒ Drowsiness while Driving ☒ Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident ☒ Injury from Loading / Unloading Equipment from Vehicle ☒ Unleaded Petrol	☒ Incident/Accident while Driving ☒ Becoming Lost ☒ Breakdown or Breakdown in Remote Areas ☐ Towing Trailer ☒ Covid
---	---

General Risk Management

Paddler Requirements

Conditions can be calm, but can change dramatically with winds and tides contributing significantly to this.

Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.

	Participants must self-assess their, and their equipment's ability to cope with this grade of club event. The club grading scale is located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand. Participants need the skills for the grade of the trip, unless modified below "Additional Comments". Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.
Emergency Contact Information	• Volunteer Marine Rescue Bribie Island: 3408 7596 VHF: 16, 21, 63, 67, 73, 81 27Mhz: 86, 88, 90 • Emergencies only – 000
Nearest Medical Help and Contacts	Hospital(s) • Caboolture Hospital: 5433 8888 97/120 McKean St, Caboolture QLD 4510 • Redcliffe Hospital: 3883 7777 Anzac Avenue, Redcliffe QLD 4020
Safety and Personal Equipment	
Personal Equipment	☒ Clothing you can get wet (on the water) ☒ Dry clothing (to keep warm) ☒ Equipment Requirements for Grade 2 ☒ Food adequate for trip duration ☒ Footwear suitable for paddling, swimming. Extra for on land. No thongs/flip flops or bare feet (oysters and spiky/venomous animals can get you!) ☒ Paddle clothes to protect from cold/wind (e.g. thermal/spray jacked or cag) ☒ Water and snacks accessible while paddling ☒ Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) ☒ Water – 3L per day (4L if camping)
Kayak Equipment	☒ Dry Bag ☒ Life Jacket (type II) and Paddle ☒ Paddle Tie ☒ Pump, Sponge, and Bailer ☒ Paddle Float ☒ Spray Deck - if you have not used one tell the leader before or when you register! Pre-trip training may be needed. ☒ Suitable Craft [(sea kayak)] ☒ Whistle

Communications	☒ Flares ☒ Mobile Phone ☐ PLB/EPIRB	☐ Signal Mirror ☐ V-Sheet	☐ VHF Radio ☒ Whistle
Safety Equipment	☒ First Aid Kit ☒ Hand Pump	☒ Paddle Floats ☒ Repair Kit	☐ Rescue Stirrup ☒ Spare Paddle
Additional or Emphasised Equipment	Please make sure you bring water (2-4 litres), lunch, snacks, sun protection and foot wear. Water and snacks need to be accessible whilst you paddle		
Check Paddlers' Equipment (prior to launch)	☒ Bailer/Pump ☒ Footwear ☒ Medication	☒ Life Jacket ☒ Paddle Leash ☒ Spray Deck	☒ Suitable Craft ☒ Sunsmart Gear ☒ Water

LOGISTICS

Pre-Trip Meeting	
Boat Loading Details	Fri 18 Mar 18:00 Meet club shed to pack trailer OR Sat 19 Mar 06:00 AM Meet club shed to pack trailer (or 6:30 AM if packed or no trailer)
Costs	• \$10 wear and tear contribution for club gear use (per day) • \$ for petrol for your driver / trailer tower • A few extra dollars for a coffee etc afterwards (if time). Please bring cash as we like to complete reimbursing everything at the end of the trip. Please bring a range of notes so you can reimburse directly and immediately as needed to the club, your driver, organiser for costs they may have incurred on your behalf, etc.
Additional Comments/ Instructions	Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited.

EVENT REGISTRATION

Register with	David Russell	Email:	David Russell
Limits on Numbers	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited. Trip Leader will decide.		
Register by	16 Mar 22	Club Event ID	220319S

REGISTRANT INFORMATION (DO NOT POST TO THE WEBSITE)			
--	--	--	--

Leader Info	David Russell	[Email]	0423 971 623
2IC Info	[Name]	[Email]	[Mobile]
Organiser Info	[Name]	[Email]	[Mobile]