



THE UNIVERSITY OF QUEENSLAND CANOE CLUB

G1: PORT OF BRISBANE PADDLE

This is an extended paddle all the way from the Port of Brisbane back to the UQCC boat shed. Because of the long distance of 30 km, the paddle is only suitable for paddlers that paddle regularly and have experience with longer distances.

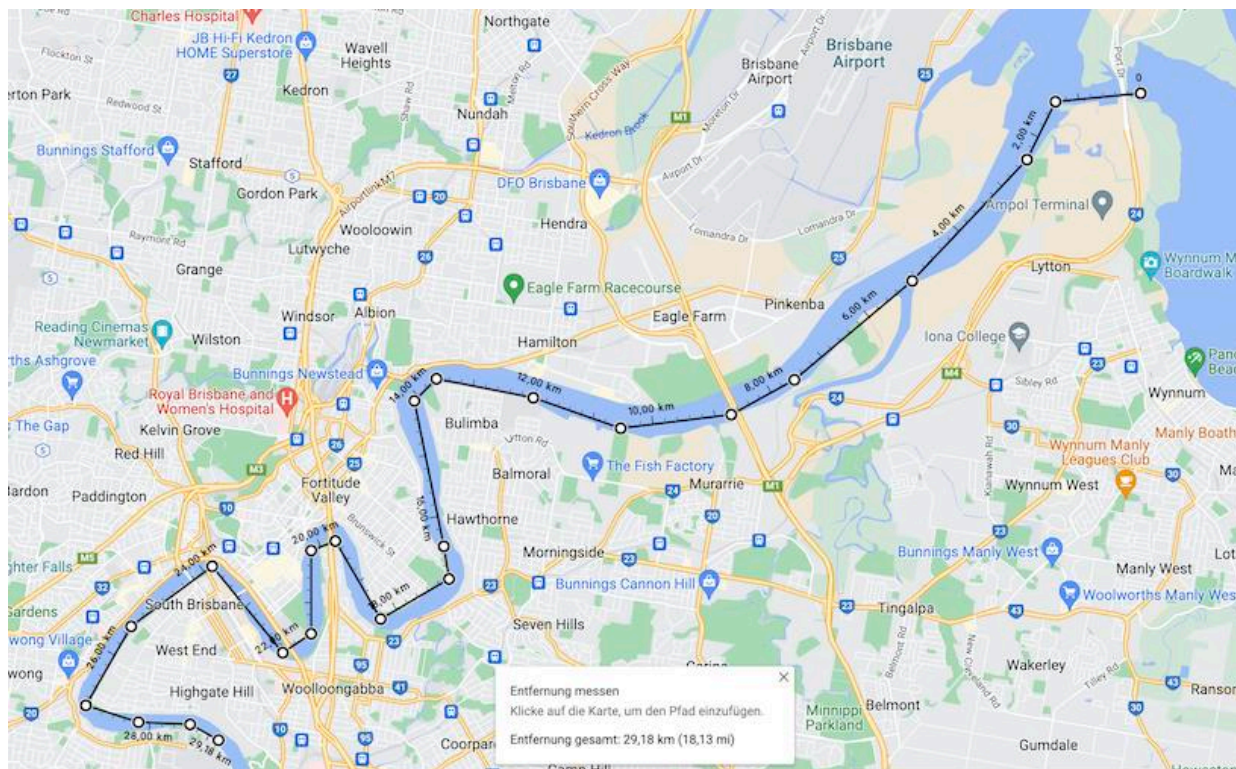


This is a paddle from the Port of Brisbane all the way to the UQCC Boat Shed. You will see big container ships, the Gateway Bridge, Story Bridge, Kangaroo Point, CBD, Southbank etc.

We will paddle the 30 km with tidal assistance, which makes still makes it a longer trip than normal (otherwise grade 1 conditions). However, you need to be moderately fit to be able to do the trip and have the endurance to paddle over a sustained distance. If you are not sure if you can make it, please contact Steff and we might be able to organise a take-out point after about 14 or 25 km.

Discipline	Flatwater	Paddle <u>Grade</u>	1 (due to tidal assistance)
Date(s)	Sat 14/01/23	Event ID	230114F
Distance	30 km	Duration	5-6 hrs paddling
Leader	Steff Linde-Balko	2IC	TBD

Route Map

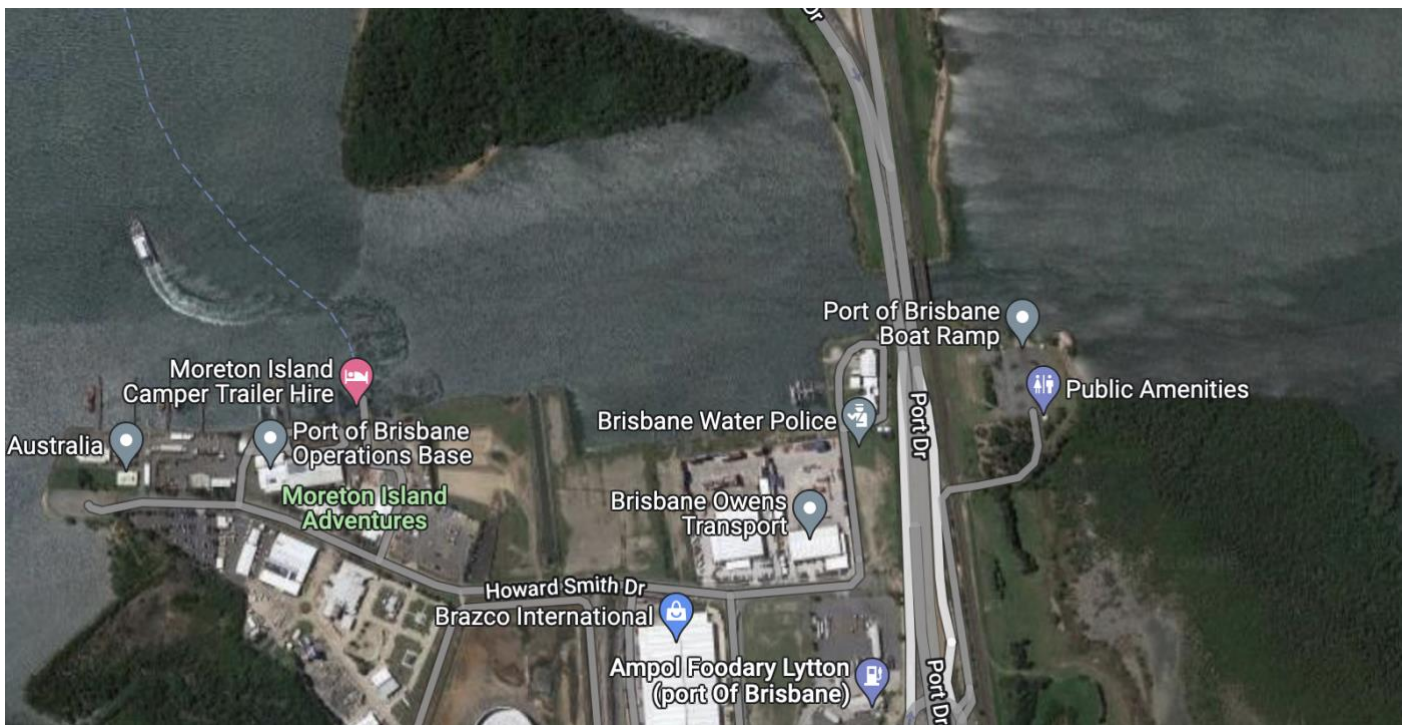


Tides	Low: 7:49am High: 14:09pm	Moon	Last Quarter
Sunrise/set	Sunrise: 5:05am Sunset: 6:48pm		

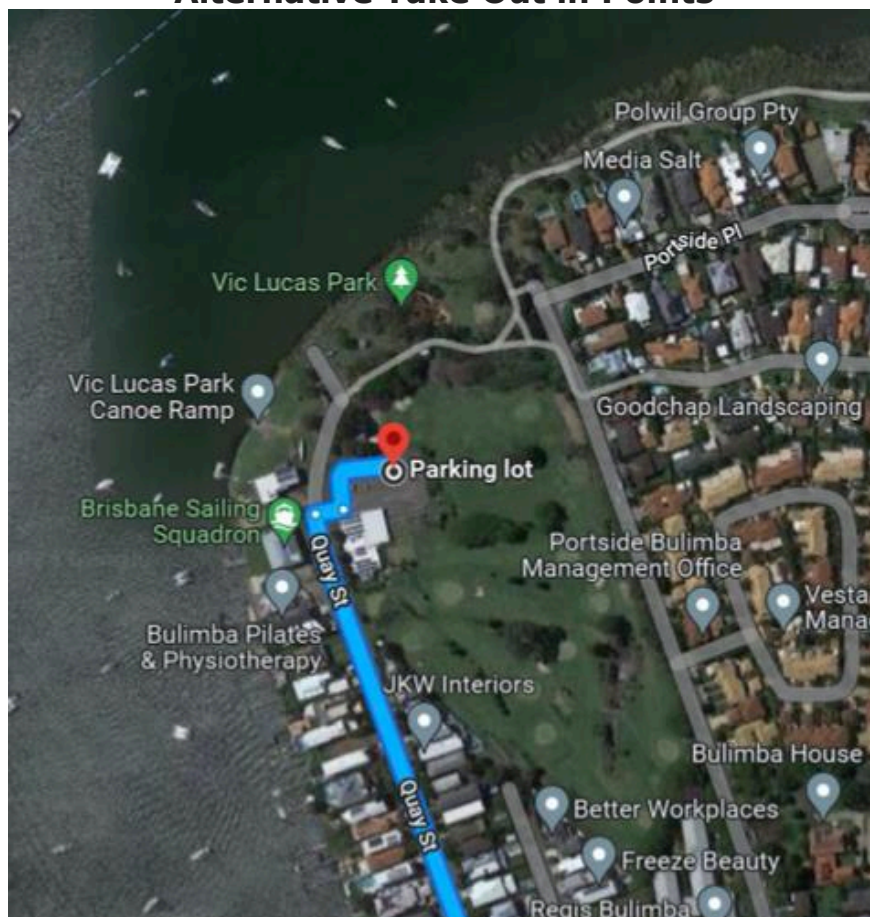
Trip Outline

- 6:30 AM Meet club shed to pack trailer or cars
- 7:15 AM Depart club shed
- 8:00 AM Meet Put in
- 8:30 AM Depart
- 10:30 AM Morning Tea at Hamilton (after about 1.5 to 2h and 12km), water and toilets available
- 11:00 AM Depart
- 12:45 PM Lunch at Story Bridge after 20km (if slower paddle) or at West End Markets after 25km (water and toilets available at both locations)
- 13:30 PM Depart Lunch
- 15:00 PM Arrive Takeout at UQCC Shed and divide group: one picking up cars from Brisbane Port, one cleaning boats etc.
- 16:30 PM Finished

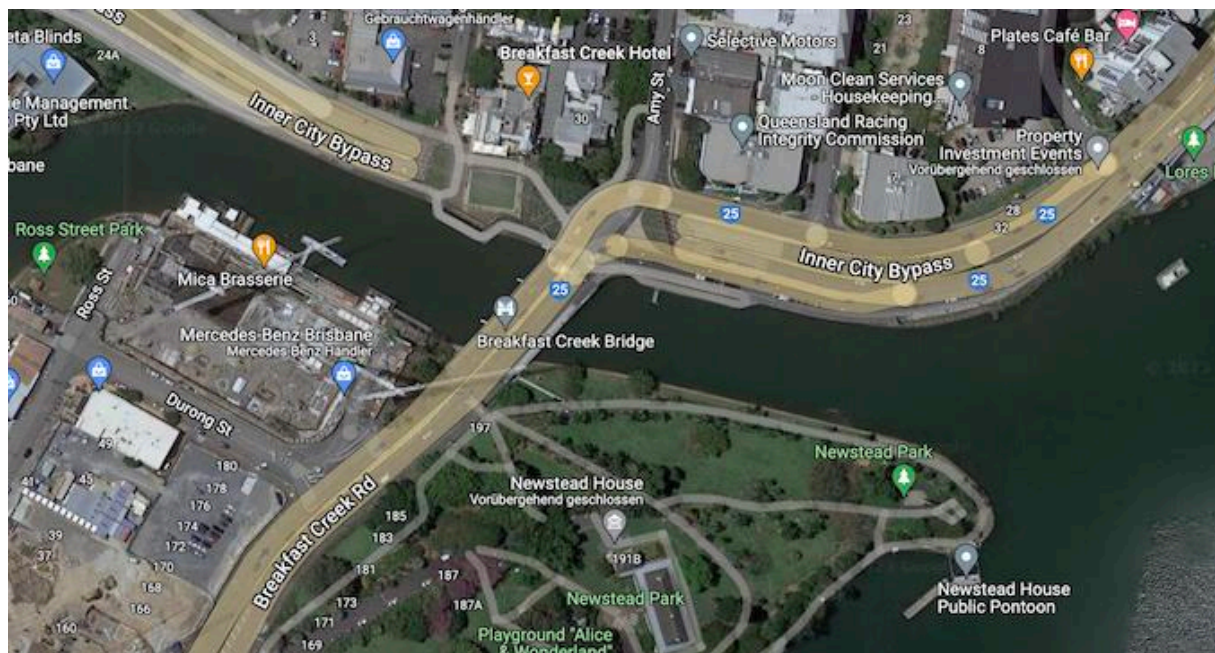
Put in Point



Alternative Take Out in Points



Southside: **Vic Lucas Park** (end of Quay St) Bulimba – opposite Breakfast Creek



Northside: **Breakfast Creek Boat Ramp** at Ross Street

Put in Point	Port of Brisbane Boat Ramp on Port Drive	Take-out Point	UQCC Boat Shed
Alternate Route Variations	There are several options of alternative take out points on the route: After 14km: Breakfast Creek boat ramp on Ross Street or Vic Lucas Park Boat ramp Bulimba (end of Quay St). After 24km: Public Boat Ramp on West End		
Facilities	There are toilets at the put in point, on all mentioned stops and at the UQCC Boat Shed (if we get a key for the toilet by then)		

SAFETY

Kayaking on the Brisbane River can be hazardous. If conditions are unfavourable (e.g. thunder storm) we will not go. If you have medical conditions, consult your doctor, let the leader know if they are relevant (eg asthma, diabetes, heart conditions, allergies, epilepsy, etc), and bring any required medication.

Risks and Management

Club Sea Kayak Risk Assessment (Detailed Risk Assessments on request)

☒ Drowning ☒ Sunburn ☒ Medical Conditions ☒ Cuts Strains and Sprains ☒ Dehydration ☒ Ineffective Rudder ☐ Entire Group Capsizing ☒ Hypothermia ☒ Heat Exhaustion / Hyperthermia ☒ Tripping While Walking ☐ Group Getting Lost ☒ Getting Separated from Group ☒ Animals and Plants (minor injury) ☒ Animals and Plants (major injury) ☒ Bad Weather / Weather Change ☒ Sea Sickness ☒ Capsize ☒ Rough Seas ☐ Surf ☒ Sinking Boat	☒ Fitness / Fatigue ☒ Equipment Failure ☒ Enter / Exit Boat ☒ Carrying Boats ☐ Algae / Contamination ☒ Boat Traffic / Shipping ☒ Separation from Boat ☒ Missing / Broken Paddle ☒ Paddle Related Injuries / Tendonitis / Blisters ☐ Hit by Paddle ☒ Strainers (Overhanging Trees / Mangroves / Fishing lines / Structures) ☒ Panic / Fear ☒ Rocks and Submerged Objects ☐ Darkness / Stranded at Night ☐ Paddling in the Dark / Night Paddling ☒ Cooking ☐ Camping ☒ Covid
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Club Travel Risk Assessment (Detailed Risk Assessments on request)

☒ Drowsiness while Driving ☒ Loads Falling from Vehicle or Trailer, or Hitting Occupants in Accident ☒ Injury from Loading / Unloading Equipment from Vehicle ☒ Unleaded Petrol	☒ Incident/Accident while Driving ☒ Becoming Lost ☒ Breakdown or Breakdown in Remote Areas ☐ Towing Trailer ☒ Covid
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General Risk Management

Paddler Requirements

This paddle has a quite long distance of 30km. However, we will paddle the whole way with the tide.

Paddlers must advise leaders if they have health issues or injuries that may affect participation. Ensure medication is carried and is accessible. If unsure, they should check with their doctor beforehand.

Participants must self-assess their, and their equipment's ability to cope with this grade of club event. The [club grading scale](#) is

	located on the club website. This should be consulted prior to registration, and any concerns or anything needing clarification should be raised with the trip leader beforehand. Participants need the skills for the grade of the trip, unless modified below "Additional Comments". Participants should have an appropriate level of fitness. This is a trip that requires a moderate fitness level and a minimum sustained cruising speed as required by the paddle grade.		
Emergency Contact Information	• Emergencies only – 000 • Coast Guard Brisbane (QF2) Ph: (07) 3396 5911 Mobile: 0404 466 000 VHF 16, 73, 81 Phone: Sat & Sun 0600 – 1800		
Nearest Medical Help and Contacts	Hospital(s) • Princess Alexandra Hospital: 3176 2111 199 Ipswich Rd, Woolloongabba		
Safety and Personal Equipment			
Personal Equipment (Full list)	☒ Clothing you can get wet (on the water) ☒ Dry clothing (to keep warm) ☒ Equipment Requirements for Grade ☒ Food adequate for trip duration ☒ Footwear suitable for paddling, swimming. Extra for on land. No thongs/flip flops or bare feet (oysters and spiky/venomous animals can get you!) ☒ Paddle clothes to protect from cold/wind (e.g. thermal/spray jacked or cag) ☒ Water and snacks accessible while paddling ☒ Sun protection (hat, sunglasses, long sleeved paddle clothes sunscreen, etc) ☒ Water – 3L per day (4L if camping)		
Kayak Equipment (Required sea kayaking equipment for grade)	☒ Dry Bag ☒ Life Jacket (type II) and Paddle ☒ Paddle Tie ☒ Pump, Sponge, and Bailer ☒ Paddle Float ☒ Spray Deck - if you have not used one tell the leader before or when you register! Pre-trip training may be needed. ☒ Suitable Craft [(sea kayak)] ☒ Whistle		
Communications	☒ Flares ☒ Mobile Phone ☐ PLB/EPIRB	☐ Signal Mirror ☒ V-Sheet	☐ VHF Radio ☒ Whistle

Safety Equipment	☒ First Aid Kit ☒ Hand Pump	☒ Paddle Floats ☒ Repair Kit	☐ Rescue Stirrup ☒ Spare Paddle
Additional or Emphasised Equipment	Please make sure you bring water (2-4 litres), lunch, snacks, sun protection and foot wear. Water and snacks need to be accessible whilst you paddle		
Check Paddlers' Equipment (prior to launch)	☒ Bailer/Pump ☒ Footwear ☒ Medication	☒ Life Jacket ☒ Paddle Leash ☒ Spray Deck	☒ Suitable Craft ☒ Sunsmart Gear ☒ Water

LOGISTICS

Pre-Trip Meeting	N/A
Boat Loading Details	Saturday 14/01/2023 at 6.30am
Costs	• \$10 wear and tear contribution for club gear use (per day) • \$ for petrol for your driver / trailer tower • A few extra dollars for a coffee etc afterwards (if time). Please bring cash as we like to complete reimbursing everything at the end of the trip. Please bring a range of notes so you can reimburse directly and immediately as needed to the club, your driver, organiser for costs they may have incurred on your behalf, etc.
Additional Comments/ Instructions	Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited.

EVENT REGISTRATION

Register with	Steff	Email	Steff
Limits on Numbers	Register soon. Numbers will be limited by transport, the number of people with sufficient skills, and the weather. Within these constraints it will be first come first served and number will be limited. Trip Leader will decide.		
Register by	13/01/2023 12pm	Club Event ID	230114F